



What
a trip

GETTING AROUND

A FREE TRAVEL GUIDE
FOR TRAVELERS LIKE YOU

Gastronomic City Tour + Cooking Classes

— Lima —

whatatrip.pe



Gastronomic City Tour + Cooking Classes

Explore Lima's rich gastronomy and learn to prepare authentic dishes on the Lima Gastronomic Tour and Cooking Classes. An experience that combines tastings in local markets with fun culinary lessons.

	Category	Lima Food Tours
	Type of tours	Attractions, culture, history, and food.
	Type of service	Group Tour
	Duration	5 hrs.
	Max. Altitude	75 m.s.n.m
	Difficulty	Easy
	Language	English and Spanish.
	Places to visit	Miraflores, San Isidro, local market, and local restaurants.

Start your experience with a breathtaking view of the Pacific Ocean before strolling along the picturesque Malecón of Miraflores towards Barranco. In Barranco, we will visit a prominent café for a brief but delightful tasting before embarking on a walking tour of the main streets and squares of this bohemian area.

The journey continues in La Mar, the gastronomic epicenter of Lima. Here, an expert guide will immerse you in the history of the culinary boom in Peru, highlighting key figures such as the renowned chef Gastón Acurio. Along the way, you'll discover iconic city restaurants and explore a fruit and vegetable stand in a traditional market, tasting native products from the region.

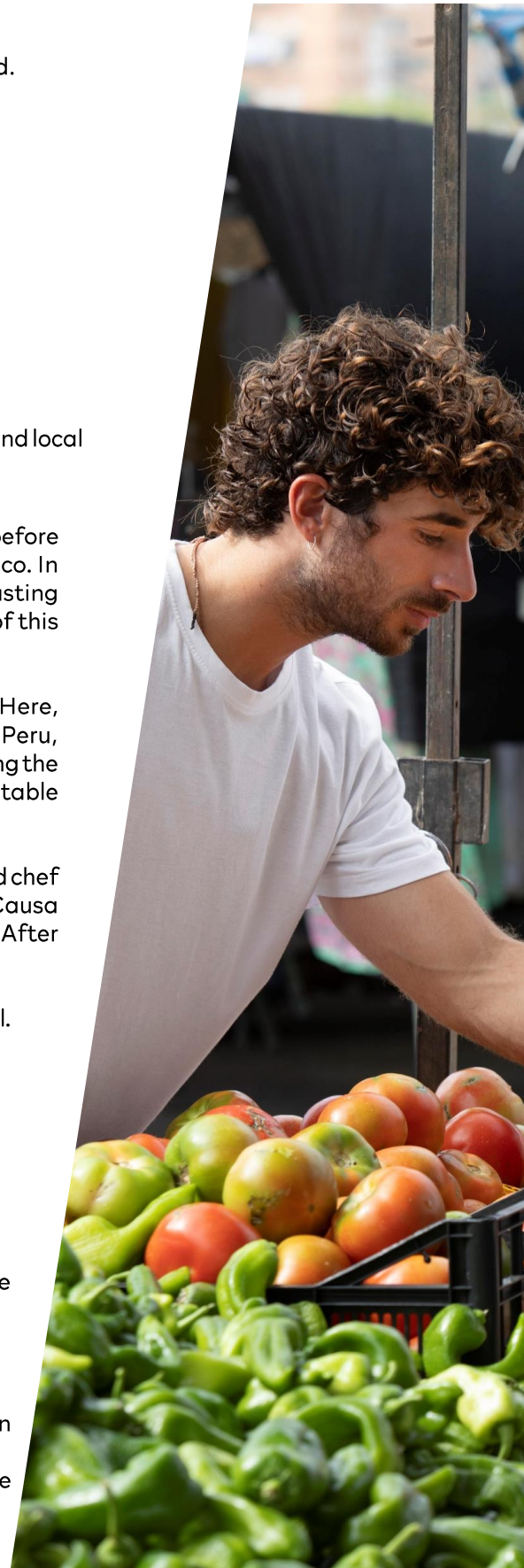
Next, we will move on to a renowned restaurant where a bartender and chef will provide an entertaining demonstration and tasting of Ceviche, Causa Rellena, and Pisco Sour, authentic delights of Peruvian gastronomy. After this experience, you'll have free time to enjoy lunch on your own.

At the end of lunch, this gastronomic experience concludes at your hotel.



Why book this tour with What a Trip?

- You will be accompanied by a professional bilingual guide during the tour.
- Learn about the history of Peruvian gastronomy.
- Visit Barranco: One of the favorite districts of travelers.
- Visit a local traditional market.
- You will have a demonstrative class and a tasting of Peruvian flagship dishes.
- At the end, you can receive recommendations on where to continue your gastronomic journey on your own.



JOURNEY DESCRIPTION

- We will pick you up from the hotel.
- We will head to the Malecón de Miraflores en route to Barranco.
- We will make a brief stop at a well-known café for a delightful tasting.
- Then, we will embark on a leisurely walking tour through the main streets and squares of Barranco, immersing ourselves in its artistic and bohemian atmosphere.
- We will continue our journey in the culinary heart of Lima, La Mar, where a specialized guide will reveal the history behind the gastronomic boom in Peru and its international influence.
- We will visit a colorful fruit and vegetable stand in a traditional market, where we will sample native and exotic products from the region.
- We will move on to a renowned restaurant, where a bartender and chef will provide a fun demonstrative class and tasting of Ceviche, Causa Rellena, and Pisco Sour, authentic treasures of Peruvian cuisine.
- After lunch, you can choose to stay in Larcomar or return to your hotel.



What is included in my tour?

- Bilingual professional guide.
- Comfortable and modern tourist transportation.
- Pickup and return to your hotel.
- Visit to traditional markets.
- Tastings in Barranco.
- Demonstration class of Ceviche, Pisco Sour, and Causa Rellena.



What is not included in my tour?

- Meals or drinks not specified.
- Travel insurance
- Lunch



Recommended additional services

Ask our team how to complement this experience.



TRAVELER INFORMATION



What to bring?

- Water bottle.
- Comfortable footwear.
- Cash for souvenirs.



Tips and additional information

- Ideal tour for travelers interested in Peruvian gastronomy and history. Also, if you enjoyed the guide's service, consider leaving a tip.



Frequently Asked Questions

- ✓ **Can I stay at the visited restaurants or places?**
 - Certainly, but please remember that the tour will continue, and you might miss out on the other stops.
- ✓ **Are there additional costs during the tour?**
 - There are no additional costs included in the tour, but you have the opportunity to purchase more food, including takeout items, which would be an extra cost.
- ✓ **Is there a vegetarian or vegan option?**
 - The tour might not have vegetarian or vegan options at all stops, so it's best to inquire about these dietary preferences in a private tour.



Fun Facts

- On October 16, 2007, Peru's gastronomy was declared Cultural Heritage of the Nation. This declaration signifies that Peruvian cuisine is a cultural expression that contributes to consolidating the country's identity.
- In 2021, Peru was named the Leading Culinary Destination at the World Travel Awards.
- Peruvian cuisine has been a meeting point for various cultures, thanks to the inclination for mestizaje (cultural blending) that has characterized Peru's history.



Cancellation Policies

- **Super flexible:** Cancel this tour with more than 48 hours' notice from the tour start date and receive a 70% refund of the paid amount. If canceled within 48 hours, 100% of the amount is charged.
- Please check our terms and conditions:

<https://drive.google.com/file/d/1hWKAEQ3Zw4yJhyiZ4iq8hQWrghHbvFZR/view?usp=sharing>

*The information and detailed itinerary in this guide may be subject to changes without prior notice, with the intention of providing a better service or due to regulatory changes in each destination.



Related Tours



**PISCO, CEVICHE
AND MUISC**



**LIMA DOWNTOWN
FOOD WALKING TOUR**



**MIRAFLORES FOOD
WALKING TOUR**

6 REASONS TO CHOOSE

What a trip

1. Book easy, fast and safe with specialist in travel design and management. Even last minute!
2. We adapt to your budget. We offer everything from low-cost options to personalized and exclusive experiences with tailor-made programs.
3. Travel with freedom and at your own pace. Book tours from a single day to your complete trip and customize them by including additional services.
4. Find a catalog with the best selection of tours: nature, adventure, culture, history, sports and much more!.
5. Book directly with a local agency that knows the destinations. Receive 24/7 assistance from our team and get access to exclusive rates.
6. You will support a 100% formal company. We are committed to responsible tourism and the economic and social development of our destinations as part of our DNA.



Now is time to ~~plan~~ your trip. live

How to book this tour?



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Cusco - Lima

\$ Payment methods

✓ Credit or debit card
(No extra fees or hidden costs)

✓ Local bank transfer

✓ Pay Pal

Contact information



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8:30 hrs a 21 hrs from Monday to Sunday



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